

MONTH OF MILES WAYS TO BOOST YOUR FUNDRAISING

This October, you're part of something bigger – a nationwide team of runners who are raising money for Diabetes UK, transforming the lives of people living with diabetes. Here are some fundraising tips...

- **Tell your story.** People are more likely to donate if they know why the Month of Miles is important to you.
- **Share the love.** Every time you complete one of your miles, or get a new badge, share it with your family, friends and colleagues – and encourage them to give.
- **Match Funding.** Could your employer match the money you raise through sponsorship? Many do – ask your line manager or HR department and you could raise so much more.
- **Don't forget Gift Aid.** Remind everyone who sponsors you to tick the Gift Aid box. If they're eligible, we can claim an extra 25p for every £1 they give – at no cost to them.
- **Share your page around payday.** This is when people feel most generous – so you'll probably get more people sponsoring you.

How to send in your money

The best way to get sponsorship is through your Month of Miles page. It's so easy to share and all the donations come directly to us.

If you've collected cash donations please don't send these to us in the post. Pop them into your bank account, then send us a cheque made payable to 'Diabetes UK'. Make sure you include your full name and postcode so we know who sent it.

Post your cheque and sponsorship form to:

**Month of Miles Team
Diabetes UK
Wells Lawrence House
126 Back Church Lane
London E1 1FH**

Or to pay over the phone, call us on **0345 123 2399**

If your sponsorship form has been filled in digitally, collect all your Gift Aid forms together and email them to **[click here](#)**.

You can change how you hear from us at any time **[click here](#)**.

TIME TO  GET
FUNDRAISING

SPONSORSHIP FORM

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Full name

Postcode

MY FUNDRAISING GOAL IS	£
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We will only use your name and address to process your donation and claim Gift Aid. If you'd like to be kept updated about how we support people living with diabetes and how you can help by donating, volunteering and campaigning [click here](#).

*** Increase your gift at no cost to you**

By ticking the box headed Gift Aid, I confirm that I am a UK taxpayer. I have read this statement and want Diabetes UK to reclaim tax on the donation detailed below, given on the date shown. I understand that my donations are eligible for the scheme if I pay enough UK Income and/or Capital Gains Tax to cover the amount of tax that all charities I donate to will reclaim in that tax year. If I pay less it is my responsibility to pay back the difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Remember: You must provide your full name, home address, postcode and

the Gift Aid box for Diabetes UK to claim tax on your donation.

**** Donations from relatives**

Sponsorship money received from people connected to the fundraiser – spouse, sibling, ancestor, relative, lineal descent, spouse of a relative, or company under the fundraiser's control – may not be eligible for Gift Aid.

Sponsor's full name <small>Title, first name and surname You can click on boxes to fill them in.</small>	Sponsor's home address <small>Only needed if Gift Aiding* your donation. Don't give your work address if you are Gift Aiding your donation.</small>	Postcode	Donation amount	Gift Aid*	Date Paid	Relative**
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Please make cheques payable to Diabetes UK.

Post to Month of Miles team, Diabetes UK, Wells Lawrence House, 126 Back Church Lane, London E1 1FH.

Or to pay over the phone, call **0345 123 2399**.

Office use only
Form reference number:

Total donations	£
Total Gift Aid donations	£
Date donations given to charity	/ /

Need another sponsorship form?
[click here](#)